



SHAH N. H. COMMERCE COLLEGE, VALSAD

Shri Nootan Kelvani Mandal, Valsad.



INTER SCHOOL / COLLEGE SPORT & CULTURAL FESTIVAL MORARJI DESAI FESTIVAL - 2022-23

For School & College	School Only	College Only
<ol style="list-style-type: none">1) Best Out of Waste2) Food Without Fire3) Photography4) Poetry Recitation5) Chess6) Tug of War7) Yoga	<ol style="list-style-type: none">1) Mono Acting2) Poster Making3) Bottle Decoration4) Solo - Dance	<ol style="list-style-type: none">1) Stand Up Comedy2) Debate3) Hair Style4) Mehndi5) Girl's Cricket

Date : 4th January 2023 Inauguration : 12:00Pm

Note : Participants can send their entries before 1st January 2023 through email - principalshahncc@gmail.com

-: Venue :-

Shah N. H. Commerce College
College Campus, Tithal Road, Valsad.
Contact No : 82007 87512
E- Principalshahncc@gmail.com

Entry Fees 100/-
A/C No. 17410100006253
IFSC Code - BARBOTITHAL

Dear Principals,

I Request all to make our event Successful and Fruitfull to create active youth of a future.

Dr. Girishkumar N. Rana
Principal
Shah N. H. C.C., Valsad

GENERAL INSTRUCTION

1. For Schools, the students of only higher secondary classes can participate.
2. A participant can participate only in one event.
3. The Judgement of the judges shall be final and binding to all the participants, schools & colleges.
4. The organizing College reserves all the rights of any amendment in rules & regulations regarding the competitions.
5. Use of Mobile or any other electronic device is strictly prohibited in the competition hall.
6. Participant must carry their college/School identity card along with them.
7. Every participant will get a participation certificate.

Rules

1) Best Out of Waste

- Only 2 Participant from each School / College.
- Maximum time for Art Making is 2 hours.
- Participants shall not use any previously prepared or semi- prepared article.
- The participants shall have to bring all the required materials.
(Event Co-ordinator : **Surbhi Parmar - 84900 68447**)

2) Food Without Fire

- Only One team Containing 2 Members from each School / College.
- Total Preparation Time : 2 Hours.
- Cutting of Vegetables and /or Fruits Should be done on the spot.
- Participant Shall bring all the required Materials.(Glass, Spoon, Plate....etc.)
- Food Shall be judged on the basis of the presentation & taste.
(Event Co-ordinator : **Dr. M. M. Jariwala - 97270 54525**)

3) Photography

- This is on the Spot Photography competition & the theme will be given after registration.
- There is no restriction on the number of entries.
- Competition is open for College / School Students.
- Only DSLR's Photography will be allowed.
- Editing of any sort is not allowed
(Event Co-ordinator : **Mignesh Bhandari - 81417 83847**)

4) Poetry Recitation

- Poetry can be From Gujarati or Hindi Literature or can be Self Composed.
- Only 2 entries from each school / College.
- Time limit will be 3 to 5 Minutes.
- The Poetry can be Recited in Gujarati or Hindi
(Event Co-ordinator : **Jinisha Bhainsare - 73833 23128**)

5) Chess

- Participant have to bring their own Chess Board.
- Knock out Tournament.
- Timing Will be declared as per Participant Strength on the Tournament Day.
(Event Co-ordinator : **Mukesh Patel - 95861 60250**)

6) Tug of War

- This Tournament will be Played in Knockout.
- Each team win have 8 Players and 1 Player Extra.
- Weight Category Boys : 640 kg, Girls : 480 kg. (08 Player)
- Tournament will be Played as per Gujarat State Tug of War Association Rules & Regulations.
(Event Co-ordinator : **Mukesh Patel - 95861 60250**)

7) Yoga

- Suryanamaskar will be Compulsory for all the Participant.
- Compulsory Aasanas : Men 1) Pashimottanasona, 2) Survangasana 3) Purn Dhanurasana 4) Purna Sholabhasana 5) Mayurasana
- Compulsory Asanas : Women 1) Natarajasana 2) Purna Bhujangasana 3) Nibaktha Paschimattanasana 4) Purna Chakrasana 5) Ekpad Shirasana
- All the Asanas will be Perform in 30 Sec. Duration.
(Event Co-ordinator : Mukesh Patel - 95861 60250)

SCHOOL ONLY

1) Mono Acting

- There is no restriction on the member of entries.
- Maximum Time Available to each Participant is 07 Minutes Warning Bell Shall Ring at the end of 6th Minute
- No imitation of Scenes or Characters from Bollywood / Tollywood etc. shall be presented in the competition.
- Participants Shall not wear the character Specific Costumes nor shall do any Character Specific Make-up.
- One Participant can act for more than One Character within the given time Limit
(Event Co-ordinator : K. C. Patel - 98255 96902)

2) Poster Making

- Maximum 2 participant per school.
- A4 Size paper will be provided to the participant.
- Participants must bring Brush, Poster Colour, Pencils, Eraser, Scale, Crayon, Water Color etc. along with them.
- Theme : Save Girl Child or Importance of Cleanliness. Duration : 90 Minutes
(Event Co-ordinator : Dr. Thakor Patel - 98247 37293)

3) Bottle Decoration

- Max. 5 Entries from each School.
- Participants will bring their Own Material.
- All the Materials Which can use to decorate bottle can be used.
- Time Limit : 90 Minutes
(Event Co-ordinator : Heli Pathak - 99784 44981)

4) Solo - Dance

- This is an individual event.
- Total time allowed for the Dance is 5 to 7 minutes.
- Any obscene / offensive music / song is not allowed.
- Only one participant from each school.
- Participants should be properly dressed and should maintain decency.
(Event Co-ordinator : Tarulata Mahyavanshi - 81419 09647)

COLLEGE ONLY

1) Stand Up Comedy

- There is no restriction on the Member of Entries.
 - A humourous performance (Mimicry / Hasya/ Kavita / Funny Story / Bluffing etc.) Should be Presented.
 - Time Limit : maximum 05 minutes.
 - Non-Parliamentary words, Vulgar acts shall not be entertained.
 - The language of the competition shall be English or Gujarati or Hindi.
 - No Instruments / Make-up accessories shall be allowed.
- (Event Co-ordinator : K. C. Patel - 98255 96902)

2) Debate

- Only one team (of 2 Members each team) from Each College.
 - Topic : "Will the Implementation of NEP 2020 Improve The Level of Education?" ('શું NEP ના અમલથી શિક્ષણનું સ્તર સુધરશે?')
 - The language of the competition Shall be Gujarati or Hindi.
 - The maximum time will be 5 Minutes for Each Participant.
 - There will be One minute Time for Rebuttal Round.
 - Warning Bell 1 Min. Prior to the Final Bell.
- (Event Co-ordinator : R. G. Pawar - 94268 44712)

3) Hair Style

- There is no restriction on participant.
 - Wig is not allowed.
 - No Hair Colour allowed.
 - Boys Can Also Participate.
 - Bobby Pins / Hair Pins / Clip are Allowed.
 - Hair Can be Cut or Left Long.
- (Event Co-ordinator : Dr. D. G. Thakor - 94271 74175)

4) Mehndi

- There is no restriction on the numbers of entries.
 - Participants shall bring pure green Mehndi & necessary item on their own.
 - Time limit : 90 minutes.
 - Mehndi should be drawn only on front side of one hand till elbow.
 - Each participant has to arrange the partner on whose hand Mehndi will be Drawn or He / She can draw Mehndi on His / Her own hand.
- (Event Co-ordinator : Shakila Shaikh - 99792 24070)

5) Girl's Cricket

- Tennis Ball Cricket Tournament.
 - Only girls can participate.
 - Throw bowling will be played.
 - 06 Over match will be played.
 - Knock out tournament.
 - Umpire decision will be final and no arguments will be accepted.
- (Event Co-ordinator : Mukesh Patel - 95861 60250)